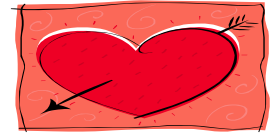



**Washington Community Schools  
K-12 Student Breakfast Menu  
Washington, Iowa**

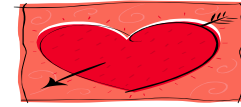


**February 2019**

				<b>Friday February 1</b> Cook's Choice
<b>Monday February 4</b> WG Cereal Yogurt Diced Peaches Juice Choice Milk Choice	<b>Tuesday February 5</b> Biscuits & Gravy Fresh Grapes Juice Choice Milk Choice	<b>Wednesday February 6</b> Long John Diced Pears Juice Choice Milk Choice	<b>Thursday February 7</b> Pancake on a Stick w/Syrup Applesauce Juice Choice Milk Choice	<b>Friday February 8</b> Breakfast Pizza Tropical Fruit Juice Choice Milk Choice
<b>Monday February 11</b> WG Waffle w/Syrup Hard Boiled Egg Fruit Cocktail Juice Choice Milk Choice	<b>Tuesday February 12</b> Cheese Omelet Hash Brown Diced Pears Juice Choice Milk Choice	<b>Wednesday February 13</b> Egg & Cheese Biscuit Fresh Apple Juice Choice Milk Choice	<b>Thursday February 14</b> <i>Happy Valentine's Day</i> WG Cinnamon Roll Fresh Grapes Juice Choice Milk Choice	<b>Friday February 15</b> <b>No School Prof. Dev.</b>
<b>Monday February 18</b> <b>No School Presidents' Day</b> 	<b>Tuesday February 19</b> Granola Bar Yogurt Apricots Juice Choice Milk Choice	<b>Wednesday February 20</b> Cook's Choice	<b>Thursday February 21</b> Scrumptious Coffecake Fresh Orange Juice Choice Milk Choice	<b>Friday February 22</b> Oatmeal Breakfast Round Little Smokies Fresh Grapes Juice Choice Milk Choice
<b>Monday February 25</b> WG Cereal Ham Patty Fresh Apple Juice Choice Milk Choice	<b>Tuesday February 26</b> Egg & Cheese Biscuit Hash Brown Fresh Banana Juice Choice Milk Choice	<b>Wednesday February 27</b> <b>Prof. Devel./1:10 Dism.</b> WG Cinnamon Roll Pineapple Chunks Juice Choice Milk Choice	<b>Thursday February 28</b> WG Pancakes w/Syrup Sausage Patty Strawberries Juice Choice Milk Choice	**Menus are subject to change without notice. This institution is an equal opportunity provider.

**Washington Community Schools  
Student Lunch Menu  
Washington, Iowa**

**February 2019**



<p>**Daily Vegetable Bar Combinations: Romaine &amp; Spinach Mix, Onions, Broccoli, Carrots, Cauliflower, Tomatoes, Red or Green Peppers, Celery Cucumbers and Black Bean and Corn Salad, Marinated Corn and Pinto Bean Salad. Reduced fat dressing is served with salads &amp; fresh vegetables. Non-fat (flavored or unflavored) or 1% Milk (unflavored) served daily. **Alternate Main Dish Option Offered Daily: PB&amp;J Sandwich</p>				<p><b>Friday February 1</b> Garlic French Bread Pizza Steamed Broccoli Fresh Orange Ice Cream Cup Milk Choice</p>
<p><b>Monday February 4</b> Macaroni &amp; Cheese Meatballs Seasoned Peas Fresh Apple Milk Choice</p>	<p><b>Tuesday February 5</b> Italian Chicken Sandwich French Fries Steamed Green Beans Diced Pears Milk Choice</p>	<p><b>Wednesday February 6</b> Chicken Fajita Wrap Brown Rice Mixed Vegetables Banana Milk Choice</p>	<p><b>Thursday February 7</b> Philly Cheese Steak Sandwich Sun Chips Confetti Corn Salad Fresh Clementine Milk Choice</p>	<p><b>Friday February 8</b> Walking Taco Lettuce &amp; Salsa Refried Beans Seasoned Carrots Fresh Strawberries Cinnamon Puffs Milk Choice</p>
<p><b>Monday February 11</b> French Toast Sticks Sausage Patty Hash Brown Patty Diced Peaches Milk Choice</p>	<p><b>Tuesday February 12</b> Popcorn Shrimp Baked Potato Zucchini Parmesan Fresh Grapes WG Bread w/Jelly Milk Choice</p>	<p><b>Wednesday February 13</b> Crispy Baked Chicken Mashed Potatoes Green Bean Casserole Strawberries &amp; Banana WG Roll &amp; Honey Milk Choice</p>	<p><b>Thursday February 14</b> <i>Happy Valentine's Day</i> Crispitos w/Lettuce, Cheese Sauce &amp; Salsa Tortilla Chips Steamed Corn Pineapple &amp; Mandarin Oranges Milk Choice</p>	<p><b>Friday February 15</b> <b>No School Prof. Dev.</b></p>
<p><b>Monday February 18</b> <b>No School Presidents' Day</b> </p>	<p><b>Tuesday February 19</b> Hot Dog Potato Wedges Steamed Green Beans Fresh Clementine Milk Choice</p>	<p><b>Wednesday February 20</b> Mr. Rib Sandwich Sweet Potato Fries California Blend Vegetables Diced Peaches Milk Choice</p>	<p><b>Thursday February 21</b> Chili WG Crackers Seasoned Peas &amp; Carrots Mixed Fruit Fresh Baked Cinnamon Roll Milk Choice</p>	<p><b>Friday February 22</b> Pork Tenderloin Sandwich French Fries Baked Beans Fresh Apple Milk Choice</p>
<p><b>Monday February 25</b> Hamburger on WG Bun w/Leaf Lettuce Calico Beans Sweet Potato Fries Fresh Pear Snickerdoodles Milk Choice</p>	<p><b>Tuesday February 26</b> Chicken Spinach Alfredo Steamed Carrots Apricots Fresh Garlic Bread Milk Choice</p>	<p><b>Wednesday February 27</b> <b>Prof. Devel./1:10 Dism.</b> Turkey Gravy Mashed Potatoes Steamed Broccoli Fresh Orange WG Roll Milk Choice</p>	<p><b>Thursday February 28</b> Cook's Choice</p>	<p>Menus are subject to change without notice. This institution is an equal opportunity provider.</p>

